

Unfamiliar Destinations  
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*Unfamiliar Destinations* is the middle of a series of three performance scores/workshops - *Unfamiliar Friendships*, about meeting people different to us, *Unfamiliar Destinations*, about moving along paths different to our habitual ones, and *Unfamiliar Feelings*, about relating, living and loving in ways different to our own habitual ones - that aim to investigate the anxiety provoked by meeting new people, taking new paths, or trying new things.

In *Unfamiliar Destinations*, a workshop process, with a participant group in a space with realia/symbolic resources, provides a mixed group with an opportunity to improvise textual, visual and/or movement responses to the idea of a difficult journey, and find different paths to overcome difficulty in a journey. Operating metonymically, the workshop process allows a single small-scale incident or episode to stand in for a much wider range of difficult journeys, for a wide range of different individuals, with different identity positions, and different barriers to mobility. The score has previously been presented at *Disability/Culture: New Grounds 2015* practice-led research symposium, University of Michigan.

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Respondent >

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